



# Pre-forum workshops

*Making a Connection, Making a Difference*

23 May 2018

1pm-4pm

Tailrace Centre, Launceston

## **Who should attend?**

These workshops are best suited to service providers or those working in a clinical capacity who wish to develop their skills in inclusive practice.

## **How do you register?**

Places are limited, with preference being given to those registered to attend the Forum on 24 May.

If you wish to register for both the Forum and workshops, or to add the workshop to your existing Forum registration, go to:

[http://www.suicidepreventiontas.org.au/life\\_awards/tspcn\\_forum](http://www.suicidepreventiontas.org.au/life_awards/tspcn_forum) .

If you wish to attend a workshop only, please contact Lucy [lucya@reltas.com.au](mailto:lucya@reltas.com.au) to discuss space availability.

## **Who's presenting the workshops and what will they cover?**

### **Workshop 1: Working effectively with men, Zac Seidler, Man Island Project, University of Sydney**

*Zac Seidler is a registered psychologist and PhD candidate at The University of Sydney. Zac is the Lead Investigator on the Man Island Project, aiming to explore and improve men's engagement in psychological treatment with the aim of reducing the staggering male suicide rate. His research so far has seen the first exploration into the factors influencing men's help-seeking intention, uptake and engagement with mental health services. Zac has a keen interest in what keeps men coming back to treatment and how to adapt your practice to be gender-sensitive to*





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*achieve the best outcomes with hard to treat clients. Zac has worked clinically with men of different ages and presentations from adolescents with early psychosis to older HIV+ men struggling with adjustment. Zac is a consultant for a number of companies including Top Blokes who run groups for school-aged boys and has appeared in Vice and The Guardian for his work.*

*This workshop will allow participants to explore potential barriers for men in accessing their service and how to engage men in help seeking and interaction with mental health services. Participants will learn how to work strategically to achieve the best outcomes for male clients.*

## **Workshop 2: Working effectively with older adults, Professor Brian Draper, University of New South Wales**



*Brian Draper is a psychiatrist specialising in the elderly, and Conjoint Professor, School of Psychiatry, University of NSW, Sydney, Australia. He is Clinical Lead, Department of Aged Care Psychiatry, Prince of Wales Hospital, Randwick. He recently completed 2 terms as Board Member of the International Psychogeriatric Association; past Chair of the Faculty of Psychiatry of Old Age, RANZCP and was foundation Chair of its Advanced Training Committee. He is Associate Editor of the journal 'Suicide and Life Threatening Behavior'; Scientific Advisor, American Foundation for Suicide Prevention; and a member of LifeSpan Research and Advisory Committee. He has published over 350 scientific articles on clinical aspects of dementia and cognitive disorders in the community, hospitals and residential aged care, late life suicidal behaviour, alcohol and substance use, depression, carer stress and professional development.*

*This workshop is most suited to those providing care to older adults or those working in a clinical or service delivery capacity. The workshop will focus on how to best identify and support older adults experiencing mental health and suicide ideation concerns. There will be a chance for participants to examine case studies and to consider practical changes to practice.*

