

2026 LiFE AWARDS

Acknowledging Tasmanians making
a difference in Suicide Prevention.

Nomination Guidelines



FOR 21 YEARS, WE HAVE BEEN RECOGNISING EXCELLENCE IN SUICIDE PREVENTION WITH THE TASMANIAN LIFE AWARDS.



What Are the Tasmanian LiFE Awards?

The Tasmanian LiFE (Living is For Everyone) Awards are an annual event that recognises people, workplaces, and communities making a difference in suicide prevention. These awards are based on the national LiFE framework and category award recipients automatically proceeding as finalists in the national awards.

Why Are They Important?

The LiFE Awards provide an opportunity to pause, reflect, and acknowledge the remarkable contributions being made throughout the state. They remind us that suicide prevention takes many forms from what happens in community and clinical settings to everyday conversations, breaking down stigma, and ensuring people feel safe to seek help.

They highlight the compassion, courage, dedication, and innovative ideas that save lives and support people affected by suicide. The efforts of many continue to spread hope and make it easier for people to reach out for help. While much has been achieved together, there is still vital work ahead.

Who Can Be Nominated?

Nominations come from every corner of Tasmania and acknowledge a diverse range of contributions, from community initiatives to workplace programs, and from creative arts to research and policy development.



NOMINATIONS

If you or someone you know has demonstrated a positive contribution to suicide prevention, we encourage you to nominate them (or yourself) for one of the categories.

While much has been achieved, there's still important work ahead. Help us recognise those making a real difference across our community.

Your nominations help shine a light on the lifesaving work being carried out by these leaders and keep the positive momentum in suicide prevention going.



LiFE Award Recipients

The 2026 Tasmanian LiFE Awards will be presented at an evening event in **Hobart on Wednesday 18th March 2026**. Each nominee will have the opportunity to attend along with a guest.

Each category winner will receive:

- \$1500 to be used for education, research, activity, or resources related to suicide prevention, intervention or postvention.
- Pre and post award promotion via the Tasmanian Suicide Prevention Network social media, newsletter, and media opportunities.
- These categories acknowledge individuals and organisations at a state level, with the award recipients automatically proceeding as finalists in the national awards.



NOMINATION GUIDELINES



Eligibility

Previous LiFE Award recipients can reapply after one year has passed. For example, if someone won in 2025, they can reapply in 2027.

You may nominate a different campaign, event, or initiative, as long as it is substantially different from the project submitted in the previous year.

Anyone who was nominated but did not win in the previous year can be nominated again the following year.



Judging

The judging panel will consist of three independent judges.

They will assess entries based on the following criteria:

- What the nominee does in their role(s).
- The personal values and skills the nominee brings to suicide prevention.
- The benefits and impact of the nominee's contribution to suicide prevention in the Tasmanian community.



AWARD CATEGORIES



Outstanding Contribution

Do you know someone who makes a difference to the lives of people and communities impacted by suicide?

The Outstanding Contribution LiFE Award recognises individuals in Tasmania who actively work to reduce the rate and impact of suicide. Whether volunteers or employed in paid roles, their dedication, insight, and initiative help make our communities stronger and more resilient. They provide vital support and tools to those struggling with thoughts that life is not worth living, and they advocate for improved services in suicide prevention, intervention, and postvention.

[Make a nomination](#)

Proudly sponsored by:



AWARD CATEGORIES



Priority Populations

Do you know someone who has gone above and beyond to support and empower Tasmanians most at risk of suicide? Perhaps they've identified gaps in mental health services, developed solutions, or made a significant positive contribution for priority populations. This could be an individual in a paid role, a volunteer, an organisation, or a community group making a real difference.

The Priority Populations Life Award recognises the positive impact by individuals, organisations or community groups that are addressing, preventing or responding to suicidal behaviours in populations and groups disproportionately affected by suicide in Tasmania. They may also be highlighting the gaps and identifying strategies and embedding solutions specifically for people in need. This award highlights those who are culturally sensitive, overcome barriers, promote inclusion and deliver improved outcomes for priority populations.

[Make a nomination](#)

Proudly sponsored by:



LEX
TRAINING HUB



AWARD CATEGORIES



Innovation Practice and Research

Do you know someone who has taken innovative action to address, prevent, or respond to suicide and the impact on the local community? Or has contributed to greater knowledge, insights or innovations in suicide prevention in the field of research? This category recognises those emerging in the suicide prevention space and/or contributing to the future of effective suicide prevention strategies.

The Innovative Practice and Research LiFE Award recognises outstanding contributions in the field of suicide prevention, intervention, and postvention through innovative practices and/or research. This award aims to acknowledge research that strengthens our understanding of effective suicide prevention strategies, including those addressing recent events that threaten mental health. It also aims to recognise individuals or groups who have adopted novel and unique approaches to suicide prevention.

[Make a nomination](#)

Proudly sponsored by:



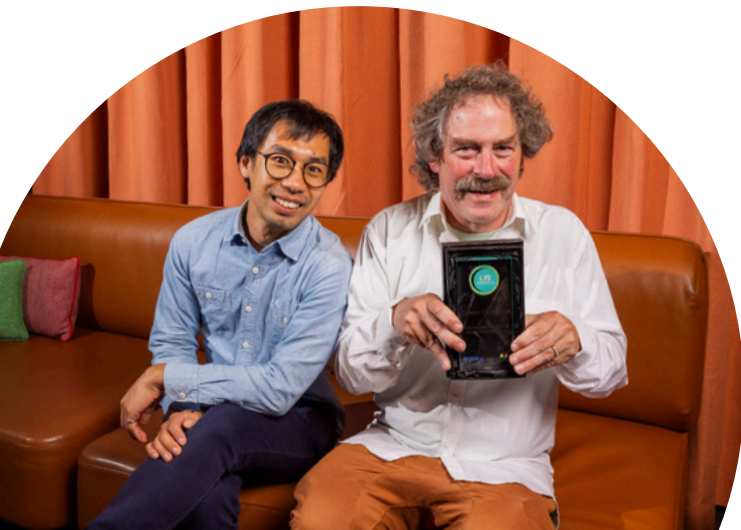
AWARD CATEGORIES



Communities in Action for Suicide Prevention

Do you know a community that is working to prevent and/or reduce the impact of suicide? A 'community' can include a sports club, hobby group, local neighborhood, or any group that comes together to prevent suicide in the community.

The Communities in Action for Suicide Prevention LiFE Award acknowledges the crucial role that communities play in identifying and taking action to prevent suicide. This award recognises any group or community that works together to prevent suicide. Initiatives may include developing a local plan for mental wellbeing and suicide prevention or organising activities that bring the community together to facilitate social connection and provide opportunities to discuss mental health and suicide prevention.



[Make a nomination](#)

Proudly sponsored by:



AWARD CATEGORIES



Best Practice in Suicide Prevention in a Workplace LiFE Award

Do you know, or have you experienced, a workplace that truly makes a difference in preventing and responding to suicide? Nominations are welcome from peers, community members, and workplaces themselves.

The Best Practice in Suicide Prevention in a Workplace LiFE Award recognises workplaces that demonstrate commitment and action in promoting positive mental wellbeing and preventing suicide among their employees. This award celebrates workplaces that support mentally safe environments, build capacity to recognise and respond when colleagues need support, and cultivate a progressive, positive culture around mental health.

[Make a nomination](#)

Proudly sponsored by:



Powering a
Bright Future



SUBMITTING A NOMINATION

The 2026 nominations are now open.

Nominations close Wednesday 12 November 2025.

All applications need to address the questions outlined in the online form, which is located [here](#).

Once you have submitted your nomination, the Suicide Prevention team will contact the nominee to check they are happy to be included. Please note all nominees will need to submit a photo.

For further information, clarification or assistance with writing the nomination please contact a Suicide Prevention Project Officer at Relationships Australia Tasmania by calling 1300 364 277 or emailing tspcn@reltas.com.au.



2026 LiFE AWARDS

