

Tasmanian Suicide Prevention Community Network Meeting

29 October 2025 | 10.30am-12.30pm | Hobart

1 Welcome, acknowledgement of country and lived experience

Meeting opened at 10.30am by Michael Kelly. Acknowledgement of Country and Lived Experience was provided, along with providing information on available supports.

Attendance:

Michael Kelly (Relationships Australia), Louise Madden (Relationships Australia), Christina Medhurst (Relationships Australia), Stefan Albrecht (Kickstart Arts), Conner Alomes (Anglicare), Cathy Chapple (Department of Health), Mark Davis, Mary Edmonds, Robyn Greaves (Department of Health), Sadhika Gupta, Tina Hale (Relationships Australia), Rhiannon Hamilton (MHCT), Ellie Hickey (Department of Health), Ivan Nugraha (UTAS), Ron Petterson (Wesley LifeForce), Gillian Smith (Skretting), Worthy Starling, Thir Thapa (Migrant Resource Centre), Nicole Turner (Lifeline Tas), Teula Wylde.

Apologies:

Jasmin Dunn, Loryn Silbernagel, Julia Gandy, Jodie Irvine, Coralie Ponsinet, Jonathan Bedloe, Maria Bond, Emily Carter, Maree McCulley, Stephanie Hulsey

2 Confirmation of minutes for meeting held on 21st August 2025

Previous minutes were accepted as being true and correct.

3 Updates from network members and guests

Josh Madgwick – Manager, Kickstart Arts

- Josh welcomed everyone to the space and provided a brief history and overview of services provided by Kickstart Arts.

Contact details and links:

Stefan Albrecht – stefan@kickstart.org.au

Website: [Arts Organisation | Kickstart Arts Inc. | New Town](#)

Venue Hire: [Kickstart Arts: Venue Hire](#)

Site History: [Kickstart Arts: St John's Park](#)

Rhi Hamilton – Lived Experience Training Hub

- The group started out with a discussion prompted by the PowerPoint image of a tree showing signs of new growth. This image is also shared in the Intro to Peer Work course which is used to explore some of the messages and the value of Lived Experience work. The group contributed and noticed some important messages – growth, the passing of time, hope, ‘nurse log’ (offering support and healing to others), regeneration. This discussion led into our ‘why’ and the LEx Hub.
- The LEx Hub was established to provide entry level training to people with a Lived and or Living Experience of mental ill-health, suicide, and alcohol and other drugs, as well as and carers who have been a part of those journeys.
- The LEx Hub uses the values and guiding principles of the Lived Experience workforce from the National Mental Health Commission to explore peer work in practice, these values and guiding principles have been key in being able to establish courses that are supportive of a range of experiences.
- The LEx Hub offers two peer specific courses: The one-day Introduction to Peer Work and the two-day Foundations of Peer Work course. These courses are suitable for current or aspiring peer workers. It was noted that the Introduction to Peer Work course has also been supporting individuals to recognise whether they are interested in or ready to explore peer work further.
- The LEx Hub also offers a course for people interested in leading a Lived Experience workforce.

- The LEx Hub also offers Cultural Collaborative Workshops for organisations interested in exploring their current practices and or readiness to embed a Lived Experience workforce.

Contact Details and Links:

Rhi Hamilton - rhamilton@mhct.org

LEx Hub: lexhub@mhct.org

Mental Health Council Tasmania: [Home - Mental Health Council of Tasmania](#)

LEx Training Hub: [LEx Training Hub - Mental Health Council of Tasmania](#)

Robyn Greaves – Department of Health

- Robyn provided an overview of the Tasmanian Suicide Prevention Strategy (TSPS), highlighting priority areas.
- Robyn outlined whole-of-government, whole-of-service and whole-of-community partnerships, as well as priority population groups.
- Robyn outlined the National Suicide Prevention Strategy (NSPS) and the involvement of the Department of Health Tasmania in the developing the NSPS. Robyn also outlined the alignment of TSPS with NSPS.
- Robyn shared an overview of TSP2023-2027 Implementation Plan One (March 2023) and highlighted key outcomes and achievements.
- Robyn shared that the TSPS 2023-2027 Implementation Plan Two was released in October 2024, highlighting areas of focus.

Contact Details and Links:

Robyn Greaves: robyn.greaves@health.tas.gov.au

Tasmanian Suicide Prevention Strategy Consultation Summary report:

Meeting Documents: [Click here for the Dropbox Folder](#) and access documents below

1. Tasmanian Suicide Prevention Strategy Consultation Summary report
2. Tasmanian Suicide Prevention Strategy - Meeting Slides

Meeting links:

1. [Tasmanian Suicide Prevention Strategy 2023-2027](#)
2. [National Suicide Prevention Strategy 2025-2023](#)

- Please see attached slides for further information regarding Gillian's presentation.
- Gillian shared Skretting Australia's Mental Health Strategy.
- Gillian outlined the key initiatives that Skretting have undertaken including:
- RAW Services & Toolbox Talks: Ongoing collaboration to support the rural workforce and reduce stigma, Mental Health First Aiders 33 trained, peer-nominated staff with continuous promotion and support.
- Community Action Plan for Suicide Prevention: Partnership with Relationships Australia, with \$1,500 per site for localised initiatives, creating z Fold cards, Psychological Safety Survey & Risk Assessment: Foundation for the new strategy and tailored action plans, Mental
- Health Champion & EAP Promotion: Increasing visibility and access to internal support networks.
- Gillian briefly shared results from a Skretting staff survey, outlining positives as well as challenges they are facing.

Contact details and Links:

Gillian Smith: gillian.smith@skretting.com

Skretting: [A global leader in feed for aquaculture - Skretting](#)

TSPCN Meeting Slides: [Click here for the Dropbox Folder](#)

3. General business & open discussion

- Attendees mingled and connected in conversation

4. Next meeting

- Thursday 19 February in Devonport - venue to be confirmed.

5. Meeting closed at 12.15