

A stylized orange dandelion with a long stem and a large, fluffy seed head, positioned to the right of the main text.

TASMANIAN
suicide
prevention
community
NETWORK

Quarterly Meeting - August 2026

Today's Agenda

Welcome

Introduction to Support Person

Acknowledgement of Lived Experience

Messages of Hope Book

Confirmation of Minutes

TSPCN Chair Update

Guest Speakers:

Casey Musicka - Live4Life Program Coordinator

Amanda Aitken and Dannie Horton - Mental Health Council of Tasmania (MHCT)

Laura Johnson - Founder of THEIRS

Update from Department of Health - Robyn Greaves

General Business (time permitting)

Afternoon Tea and Networking (time permitting)



Messages of Hope Book

The Messages of Hope Book is a collaborative TSPCN initiative, developed with Lifeline Tasmania, Mental Health Council Tasmania, LEx Training Hub, Albie House and Relationships Australia Tasmania.

Over the past 12 months, the book has travelled across Tasmania, visiting TSPCN members organisations and communities and inviting people to share messages of care, connection and hope through words and drawings.

Each contribution helps create a shared story of hope and reminds us of the importance of connection, reaching out and letting people know they are not alone.

Your Message of Hope

We invite everyone attending today to take a moment to add a message, drawing or words of hope to the book.

Your message could be for a stranger, someone you care about, your community — or yourself.

Guest Speaker

Casey Musicka
Live4Life Program Coordinator

Casey will provide an overview of the Live4Life program and its work supporting young people and communities across Tasmania



Helplines

- Lifeline Australia: 13 11 14
- Tasmania's Lifeline: 1800 984 434
- Suicide Call Back Service: 1300 659 467
- Beyond Blue: 1300 224 636
- Aboriginal & Torres Strait Islander Crisis Support:
13YARN - 139276
- QLife: 1800 184 527
- MensLine Australia: 1300 789 978
- Employee Assistance Programs



Live4Life Break O'Day

- First community outside Victoria to implement the model
- Fingal Valley Neighbourhood House the Lead Agency (from 1 July 2023), enabled implementation on behalf of local Partnership Group
- Original agreement for 2.5 years, 2-year extension
- Funded through the Federal Government's National Suicide Prevention Leadership and Support Program
- Delivered in partnership with St Helens District High School, St Marys District School and local services
- UTAS external evaluation funded to February 2026



Find out more



www.whatevertheweather.org.au

Email Amanda via aaitken@mhct.org

Tasmanian Suicide Prevention Strategy



We acknowledge Aboriginal people as the traditional owners of this Land and respect their culture and identity which has been bound up with the Land, Sea, Waterways and Sky for generations.

Timeframe

May – August 2026

- Cabinet approval to draft the legislation
- Premier's Mental Health and Suicide Prevention Advisory Council – July roundtable
- Consultation draft legislation developed

September – December 2026

- Consultation on the Suicide Prevention Act

January – March 2027

- Draft the legislation
- Seek Cabinet approval of the legislation

Thank you.

Robyn Greaves

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Version 1.0 | May 2026

